

SD

October 2016

Activity Day Thursday 3rd November: Kingswood Activity Centre Trip Details

Dear Parent / Carer

We are delighted to be taking your child on a one day trip to the Kingswood Centre, Dearne Valley on **Thursday 3rd November**. Please find all of the information needed below.

Departure: 8.30-8.45 am. Students arrive at school ready for departure by coach at 8.50am prompt. Students should meet in their form room and tutors will escort them out of the building.

What to wear/bring:

- Long trousers and a long sleeved top. Flat, enclosed shoes such as trainers.
- As the weather may be cold and wet, warm clothing and waterproofs are recommended.
- Avoid really loose clothing.
- Normal school jewellery rules apply.
- Long hair must be tied back. (Please note that students will have to wear a helmet.)
- All hard and sharp objects must be removed from pockets.
- Any required medication (inhalers, epi pens etc.)

At the Centre: Activities begin at 9.30 am. Students will take part in 4 adventure based activities which are designed to encourage teamwork, develop communication skills and build resilience. The activities include archery, fencing, rock climbing, assault courses, problem solving and more.

Lunch: Students will have 45 minutes for lunch which is provided at the centre. A varied choice is offered which will include both hot and cold meals, a salad bar and at least one vegetarian option. Water and juice are also available. Alternatively your child may bring a packed lunch. Please note that we cannot guarantee that the food provided will be nut free.

Arrival: 2.30 pm. Students leave Kingswood by coach.
3.00-3.10 pm. Students return to school.

Yours faithfully,




Mrs S Davies
Joint Head of Enrichment



Mrs E Barlow
Joint Head of Enrichment



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