



# 2016-17 Summer Term

**What will you do?**

# Welcome to the Hungerhill Enrichment Programme 2016 – 17

## Enrichment at Hungerhill

At Hungerhill we are immensely proud of our enrichment programme, and the range of club choices available. We are pleased to bring you this term's choices, and hope you are just as excited about it as we are!

Enrichment is all about helping you grow as an individual, developing a wide range of skills such as creativity, communication and teamwork. These skills will not only help you in regular lessons, but are essential as you move on to further education, higher education and the workplace.

## Things to consider

We aim to place every student in one of their top three choices, but this is not always possible. We aren't able to consider friendship groups when we put the clubs together so there is no point in picking the same as someone else! Here are some things we think are the most important:

### Do you enjoy this activity?

If you do, great! This is the perfect reason to pick a club.

### Have you been interested in the activity before, but not been given the chance?

Enrichment is your chance to try something new or different, so what's stopping you?

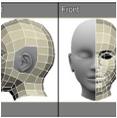
### Will it help you now, or in the future?

All clubs are strongly linked to school subjects, so the enrichment lesson can give you further time to develop in a particular area.

## THE CHALLENGE!

The Enrichment Team challenge you to pick a club that is completely out of your comfort zone! In previous terms we have heard countless stories from students who have tried something new and loved it. Even if the club doesn't suit you, you'll be confident in knowing that you tried.

*"I am always doing things I can't do. That is how I get to do them"*  
Pablo Picasso



**1. 3D Modelling for Games:** Would you like to work in the games industry? Learn how to make and texture buildings and objects suitable for some of your favourite games. 3D modelling for games will show you how to get started making computer generated 3D models using software that you can download at home for free! **NB: You must bring your own headphones.**

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| You can pick me again | You can't pick me again |   |    | I'm a new club |



**2. CAD/CAM:** Learn how to use a range of computer aided design (CAD) software and computer aided manufacturing (CAM) processes. Work individually and in teams to design and make your own products using the laser and 3D printer to a given design brief. **NB: A small monetary contribution may be required towards materials.**

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**3. Calligraphy Club:** Calligraphy is the art of decorative writing, and is an increasingly popular skill to learn. Develop your artistic skills whilst learning this relaxing and therapeutic skill. Learn how to write in different creative styles, as well as trying Arabic and Japanese calligraphy. You can use your knowledge to create gift cards, tags, invitations, wrapping paper and more.

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**4. Card Craft:** Design and make products with creativity and originality, using a range of graphic and modelling materials. Make items such as point of sale displays, mechanical cards, jigsaws and items of your own design and creation. There are lots of practical challenges along the way so this club is perfect for those with a creative streak and a determined nature!

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**5. Cinemaniacs and Media-ites:** Calling all film buffs! A chance to watch, discuss and analyse trailers and films from all genres. This club will give you the chance to dabble with media and learn to 'read' films, from the popular to the obscure. 'Films have the power to raise your gaze and raise your game and give you a ticket to pleasure and enlightenment forever more!'

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**6. Comic Creation Club:** Are you a fan of Marvel, DC or 2000AD? Have you ever wanted to know how to draw your own comic book? Do you have the perfect superhero or dastardly villain that you could bring to life on the page? If you answered 'yes' to any of those questions then join us in room 14 where the secrets to being as successful as Stan Lee or Bill Finger will be revealed!

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**7. Couch to 5K Running Club:** Whether you are a keen runner or you're just getting started, this is the club for you! We will cater for all abilities and use the 'Couch Potato' App to help us along. Each week we will gradually increase the pace and distance of our runs until we 'potatoes' turn into professionals!

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**8. Cricket Club:** Come and develop your knowledge, coordination, batting and fielding skills with the PE department! This club will focus on the international sport of cricket.

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**9. Cycling Club:** From bike maintenance to drills, races, obstacles and rides, this club will build your cycling skills and ensure you have lots of fun along the way. **NB: please state whether or not you have your own bike if you select this option.** Your bike, helmet and clothing must meet British Safety Standards.

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**10. Darts:** Learn the techniques and tactics behind the very popular sport of Darts. Everything from the basics up to how to checkout those high scores. Challenge and improve your mental maths ability by learning the 'quick tricks' for adding in your head, just like the professionals!

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**11. Doncaster Detectives:** Think Doncaster is boring? Think again! Find out more about where you live and local history using real artifacts. We will dig deeper into our local history and piece together the evidence to draw conclusions. What secrets might we uncover? Will any mystery remain unsolved? There may be some surprises along the way as we uncover details of Doncaster's near and distant past.

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**12. Eco Explorers:** This club is your chance to make a difference to your school. Are you passionate about the environment and the world around you? By becoming an Eco Explorer, you will create your very own mini-campaigns to help make Hungerhill an Eco School. This is your chance to do something amazing – plan your own projects, pitch them and make change happen.

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**13. Eco School Award:** Get involved in an exciting new initiative at Hungerhill School and help win a prestigious Eco-Schools award. We have a wide range of opportunities for you to get involved with making Hungerhill a more sustainable school ranging from Eco-School Student Chairman and Eco-Leaders to Public Relations team, Eco-Ambassadors and a fundraising team. It's a fantastic opportunity to get involved have fun and make a difference!

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**14. Family Card Games:** Playing card games with your family and friends is a great way to ensure excitement and friendly competition. You'll be surprised at how much fun you can have and, at the same time learn strategy and logical thinking. Not only will you enjoy the competition, but you'll find that your memory and maths skills will improve.

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**15. Fantastic Beasts:** Hippogriffs, The Loch Ness Monster, Werewolves, Unicorns, Vampires, Mermaids, Ghosts, Dragons, Centaurs, Medusa, Mike and Sully, Zombies, Bigfoot, Imps, Ogres, The Grim Reaper... You will explore the myths, legends and truths of these creatures culminating in the creation of your own mythical monster.

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**16. First Aid:** Every year, too many people die in situations where first aid could have given them a chance to live. Even so, fewer than one in 10 people have been trained in first aid. Take the opportunity to learn basic life-saving skills as well as how to deal with more common illnesses and injuries. Get hands on, have a go at bandages and slings and have fun dealing with emergency scenarios.

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**17. Hungerhill Harmonies:** Do you love to sing? Come along and learn a variety of songs from; Gospel, Musical theatre to current chart songs. Experience or ability doesn't matter, commitment and enthusiasm is all you need. There will be lots of opportunities throughout the year to perform and showcase your talents. We want to make this the best vocal group the school has ever heard!

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**18. International Ambassadors:** Are you friendly, open minded and curious to learn about other cultures? Are you interested in journalism, video making, photography, writing? As an ambassador for the school you will take part in small projects online with schools around the world and gain an insight into their own culture, making new friends along the way!

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**19. Knitting Club:** Do you enjoy being creative? Do you relish the opportunity to take on a new challenge? Then why not try coming and giving knitting a go?! Whether you're a 'total beginner', or already handy with a pair of knitting needles, come and take the opportunity to have a creative break in knitting club!

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**20. LOVE Literature:** Escape the pressures of school by burying your nose in a good book! In the comfortable surroundings of the library, join like-minded students to read and discuss your favourites. Explore new genres and encourage others to try the books you love. Discuss alternative endings, character development and even create a story together! This club is perfect for anyone with creative tendencies who also enjoys reading, at any level.

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**21. Mindfulness & Meditation:** Learn the art of mindfulness in this structured programme of mindfulness and meditation for Year 7 students. The aim of the club is to learn and practise deep relaxation and self-awareness techniques to help manage stress. This is a very quiet club and is a wonderful opportunity to escape the pressures of school life!

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**22. Models & Tabletop Games:** In the Models and Tabletop Games club, you will have the chance to build and paint your own heroic characters and use them in settings from fantasy battlefields to futuristic galaxies. Over the term, you will also be able to develop painting skills, learn rules and co-operate and compete with other club members.

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### 23. Nail Art: Steps to becoming a Nail Technician:

Have an interest in nail art? Like to be creative? Then why not choose this club! You will be able to plan your own designs, look to improve them, try out new techniques and reflect on your creations. **Note: A small monetary contribution may be required towards materials. Not suitable for asthma sufferers due to fumes.**

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### 24. Slow Motion Thinking: 'Philosophy is thinking in slow motion'.

There are many questions in life for which we can only consider the answer: what does it mean to be 'good'? How does the media change our perception of reality? Philosophy means to 'love wisdom'. Join Mr Sargeant and other students and delve into discussions in and around this fascinating subject area.

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**25. Pop Art Idol:** Learn about the Pop-art movement and create your own large scale pop art painting / print of your favourite celebrity. Develop your creativity and imagination. If you do GCSE art this work can be included in your portfolio.

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**26. Revise and Excel:** Highly motivated to meet or beat your target grades? Are you capable of working independently? Are you organised and do you bring the correct equipment to ALL lessons? Revise and excel is a chance for you to make the most of your time in these last few weeks and to really excel in all subjects. **See the explanation on page 6 for more info.**

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**27. Sign Language:** Do you want to know how to communicate with those who are hard of hearing? If you would like to learn some basic sign language then this club is perfect for you! We will have fun learning how to use visual means of communication using gestures, facial expressions and body language. There will be plenty of opportunities to show off your new skills and inspire others. Lets have fun and SIGN!

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**28. Soccer Club Y7-8:** Soccer club will be a coached session each week, focusing on the different skills and tactics involved in the game. You will have the opportunity to develop your own skills and tactical understanding, as well as seeing the game from a coaching perspective. **NB. Boys only.**

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**29. Soccer Club Y9-11:** Soccer club will be a coached session each week, focusing on the different skills and tactics involved in the game. You will have the opportunity to develop your own skills and tactical understanding, as well as seeing the game from a coaching perspective. **NB. Boys only.**

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**30. Spanish Conversation:** The perfect way to hone your skills in any foreign language is simply to speak it! Each week will take on a different conversational theme; some familiar and some wacky and obscure! If you love to chat, or even if you don't, you'll certainly learn a lot in our group! **GCSE Spanish students or those who want to study Spanish next year only.**

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### 31. Strength and Conditioning Training for Elite Performance:

A good level of physical fitness is a must for this club! Aimed at those who are serious about sport and fitness, and for students who want to really push themselves to peak fitness levels. Use body weight exercises and weights equipment to boost your cardiovascular fitness and strength to the levels of professional athletes. Come and give it a go!

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**32. Tennis:** This club has something to stretch and challenge all ability ranges within the sport of tennis. Whether you're joining us as a beginner, or wanting to add more hours to your practice schedule, you'll be able to play and improve through a variety of activities and games!

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**33. Textiles Recycling:** Design and make a range of new products using only recycled fabrics, cut-offs and components. Imagination is the key to creating something exciting from so little! You will also have the chance to 'up-cycle' existing products too adapt them to the current trends.

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**34. Textile Techniques:** If you would like to improve your knowledge of different textile techniques and how to decorate fabrics, then come along to textile techniques. Learn how to create your own fabrics which you can then use to make other products. Techniques include: tie dying, embroidery, batik, sublimation, knitting, amongst others.

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**35. The £20 Challenge:** Do you think you can turn £20 into £200? Enjoy using your imagination and working with others? Perhaps you have great skills in design, or in communication. This club is perfect if you are interested in business, thinking about a career in it, or are simply intrigued into turning cold, hard cash into something exciting!

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**36. The Real X Files:** Fancy yourself as a bit of a detective? Fascinated with the unusual? Interested in real-life weird and unsolved crimes, mysteries and the paranormal? Explore strange stories, police records, photographic evidence and news footage from all over the world, hoping to shed some light on such mysteries as the alien landings, the Enfield hauntings, and much more!

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**37. Zentangle:** Also known as 'meditation through doodling and drawing'. If you like getting into 'the bubble' and distressing in a calm and quiet atmosphere while creating beautiful structured patterns then this might be for you. Zentangling is thought to increase focus and creativity, while providing artistic satisfaction and an increased sense of personal wellbeing.

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## Y11 Revise & Excel

**3 options are available within this club:**

Extra English, Extra Maths and General Revision.

To be accepted for General Revision an application must be made by the **27th March**. Check your emails for more info.

## Your time to shine...

Leadership opportunities are available for all Year 10 and 11 students this term. If you consider yourself an expert in any of the activities available during enrichment or if you think you would like to help run the club, now is your chance to shine! **On your survey say which club you would like a leadership opportunity in** and you could soon be sharing your skills.

## You've chosen your top 3 clubs, what next?

- Check the club is for your year group.
- If you have ever done the club before, check that you can pick it again.
- Complete the survey that has been emailed to your school email address with a copy of this for homework by **Wednesday 29th March**.

## **Making your choices.**

Carefully read through all of the club descriptions enclosed in this booklet. There is a lot on offer this term so make sure you take your time, and discuss options at home too. Next, you need to pick your top three club choices, and put them in order, with number 1 being your favourite. Before you do anything else, check that the club is suitable and available to you.

A link will be sent to your school e-mail address with a link to a survey, where you will enter the choices in order.

More information can be found on the school website.  
Look for Curriculum and then Enrichment.

If you have any questions about the clubs or your club choices you must see the Enrichment team before the survey deadline on **Wednesday 29th March.**

## **The Enrichment Team**

### **Mrs E Barlow**

*Joint Head of Enrichment  
Maths Office*

### **Mrs S Davies**

*Joint Head of Enrichment  
Art Studio 1*

### **Miss A Cross**

*Coordinator of the Duke of Edinburgh Award Scheme*