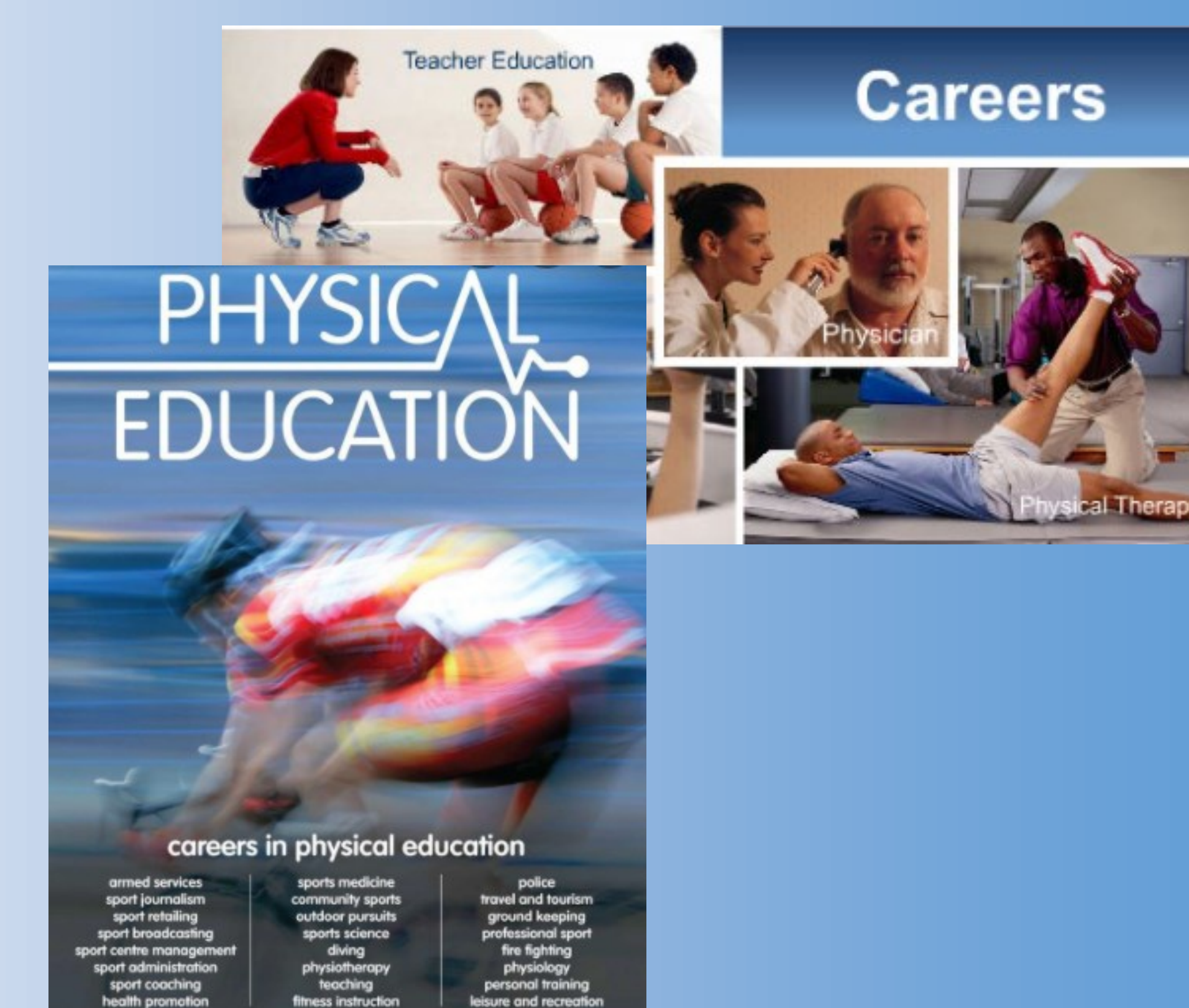
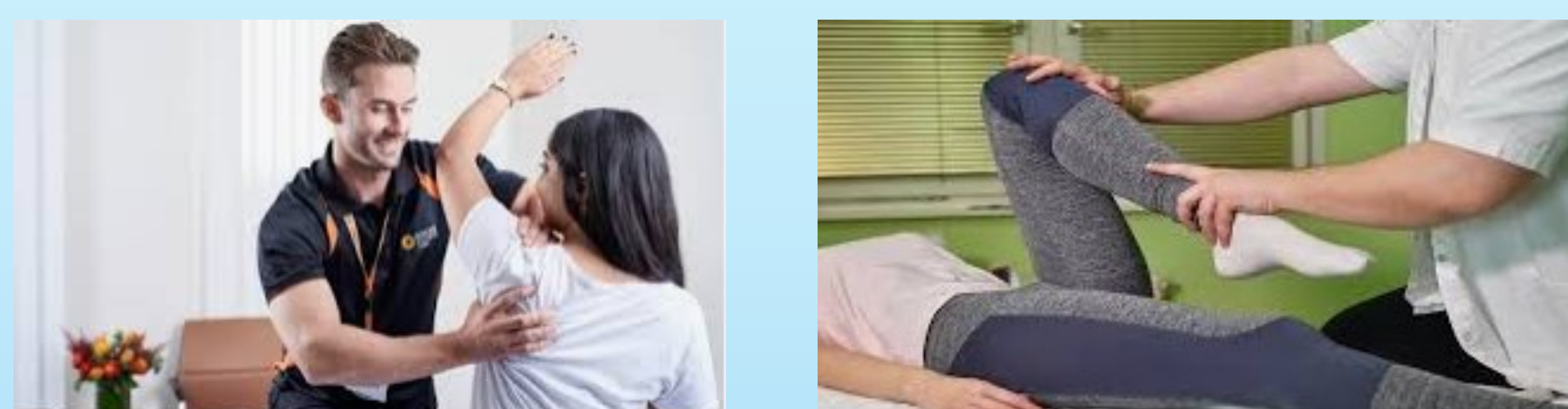




Where can studying PHYSICAL EDUCATION take you?



Sports Medicine Consultant



Sports Medicine Consultants are specialists who are skilled in the delivery of musculoskeletal and physical activity medicine and team care. The speciality has a large scale application in managing and improving the health of the general public through exercise advice and prescription. Sports Medicine Consultants can work in a variety of settings across primary, secondary and tertiary care. The role includes providing accurate diagnosis for individuals with musculoskeletal injuries or illness who would like to exercise, or for whom exercise would be beneficial. Other duties involve overseeing and implementing rehabilitation programs, providing support to sportsmen and women to assist them in maximizing performance, reducing injury time and many more.

Physiotherapist



As a Physiotherapist, you will focus on identifying and maximising movement to improve the health and wellbeing of your patients. The role is vital in treating a variety of conditions such as: neurological (stroke, multiple sclerosis, Parkinson's), Neuromusculoskeletal (back pain, whiplash associated disorder, sports injuries, arthritis), Cardiovascular (chronic heart disease, rehabilitation after heart attack), Respiratory (asthma, chronic obstructive pulmonary disease, cystic fibrosis). Working with people on a daily basis, recommending exercise, carrying out massage and using high-tech ultrasound equipment or even hydrotherapy pools, depending on the patient's needs. Working alone or as part of a team, Physiotherapists are needed in nearly every hospital department or can work as part of a private practice, in health centres, or treating patients in their own homes.

Leisure Centre Manager



Leisure Centre Managers are responsible for every aspect of the day-to-day management of centres dedicated to sports, leisure, health and fitness. The specific duties and working environment of a Leisure Centre Manager varies according to the size of the employer: Managers in larger organisations may be mostly office based, whereas those in smaller establishments often have frequent contact with customers, suppliers and employees. Typical responsibilities of the job include recruiting, training and supervising staff, managing budgets, organising fitness activities and programmes, promoting and marketing the business, and much more. Typical employers are local authorities, commercial organisations, hotel and leisure groups or company fitness centres.

Sports Scientist



Sports Scientists use knowledge of how the body works to help people to improve their health or sporting ability. You could work with elite sports professionals, or in research, healthcare or industry and your day-to-day duties will depend on the type of organisation you work for. You could help sports coaches and sports therapists to improve individual and team performance. You could work with doctors to help people improve their health through exercise and fitness. You could look at ways that health and fitness can be used to prevent or treat medical conditions like diabetes, heart conditions or cancer. This could be working in an NHS or private hospital, on a sports field, at a research facility, in an office, at a client's business or at a fitness centre.

Fitness Instructor



As a Fitness Instructor, you could be working at a health club, a leisure centre, hospital, university or on a cruise ship. Fitness Instructors typically demonstrate or explain how to perform various exercises and routines to minimise injuries and improve fitness. They watch clients do exercises to ensure that they are using the correct techniques, provide alternative exercises during workouts or classes for different fitness levels and skill. They monitor clients' progress and adapt programs as needed. They explain and enforce safety rules and regulations on the use of exercise equipment. They also give clients information or resources about nutrition, weight control, and lifestyle issues.

Lifeguard



Lifeguards are expert swimmers who work at almost any location where people swim. They train how to save a person who is drowning or who has sustained an injury whilst swimming, and they can give artificial respiration if required. They keep a close eye on all the people under their care. The job of a Lifeguard has a great deal of responsibility. In general, a Lifeguard monitors a recreational facility or a beach to make sure swimmers are following safety rules and no-one is having trouble. Lifeguards working outdoors must also monitor the beach for hazards, such as sharks, jellyfish or stingrays, as well as dangerous waves and undertows. Lifeguards also sometimes give swimming lessons or teach safety classes.

Sports Broadcaster



Alternative titles for this job include Sports Announcer, Sports Presenter or Pundit. They describe what is happening at sporting events to listeners and viewers and offer their opinions. Your duties may include preparing for an event by researching clubs or players, working with a production team, taking direction from a producer, interviewing sports professionals and commentating on events before, during and after the fixture. You could work in a sports field, at a recording studio or at a sports arena.

Exercise Physiologist



As an Exercise Physiologist, you will investigate how people respond and adapt to muscular activity and will use your skills and knowledge to improve their performance and fitness levels or help prevent and treat illness. Your duties will typically be fitness testing athletes to build accurate physiological profiles, developing tailored fitness programmes, liaising with coaching staff to maximise the efforts of training. Exercise Physiologists typically work in a laboratory or in the field, and are usually based in hospitals, medical centres or private healthcare.

Sports Development Officer



Sports Development Officers help run initiatives aimed at encouraging people to get involved in sport. You might be employed by a local authority, a sports governing body, a charity or a community association. Tasks can involve finding and applying for sources of funding, keeping track of budgets, managing sports coaches and volunteers, and planning, organising and promoting the initiatives, for example through social media. Sometimes the job is combined with a sports coaching role, meaning that you'll lead some of the activities yourself.

Athletic Trainer



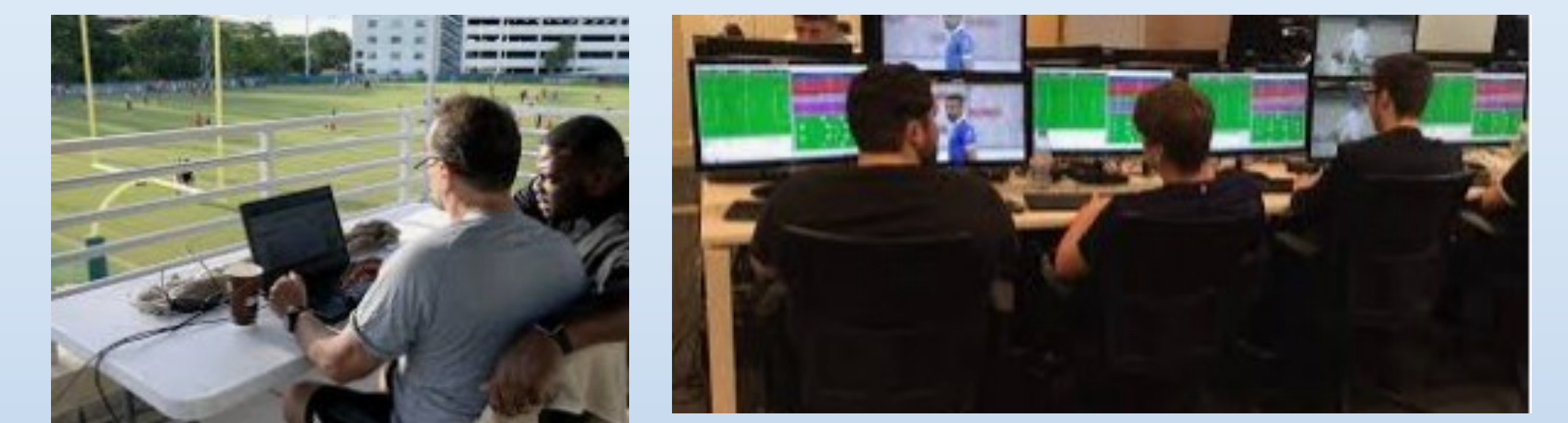
Athletic Trainers work with patients, providing treatment and rehabilitation. They also work with doctors to provide preventative services, clinical diagnosis and treatment of injuries and medical conditions, emergency care, and therapeutic intervention. Duties include recognising and evaluating injuries, providing first aid or emergency care and developing and carrying out rehabilitation programmes for injured athletes. Planning and implementing programs to prevent injury and illness for athletes and keeping records, writing reports on injuries and writing treatment programmes.

Physical Education Teacher



A P.E. Teacher is responsible for planning, teaching and tutoring students in a school setting. They teach a range of different sports and provide young people with an opportunity to develop and improve their social and physical skills. A PE Teacher job is a very busy, interactive, interesting and a fun profession to work in. You teach PE lessons to 11-18 year olds and these also include examination PE classes. It requires lots of organisation, including organising after school clubs and fixtures.

Sports Performance Analyst



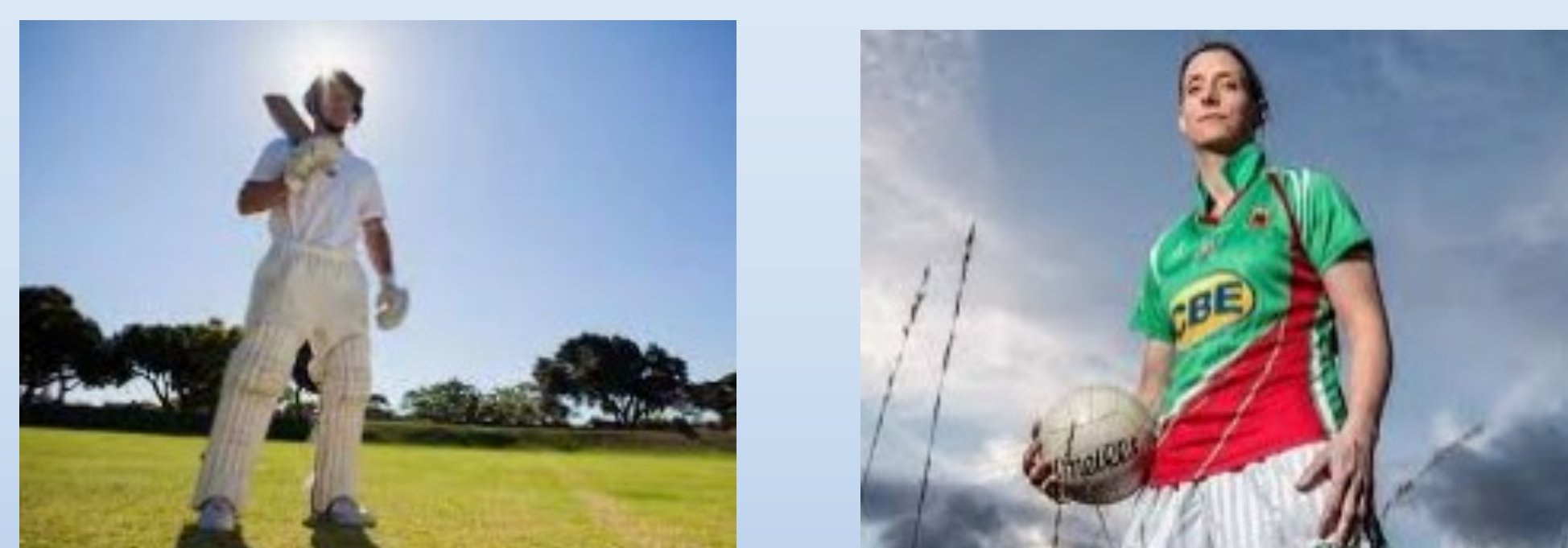
Sports Performance Analysts collect data from all the events happening on the pitch and create relevant metrics, either through coaches' requests or by their own assessment, to show players and coaches on what went well and what went wrong. This data is then used to help optimize performance and results. In many team sports, this would consist of tactical assessment, movement analysis, video and statistical databasing, modelling and coach and player data presentations.

Outdoor Pursuits Activity Instructor



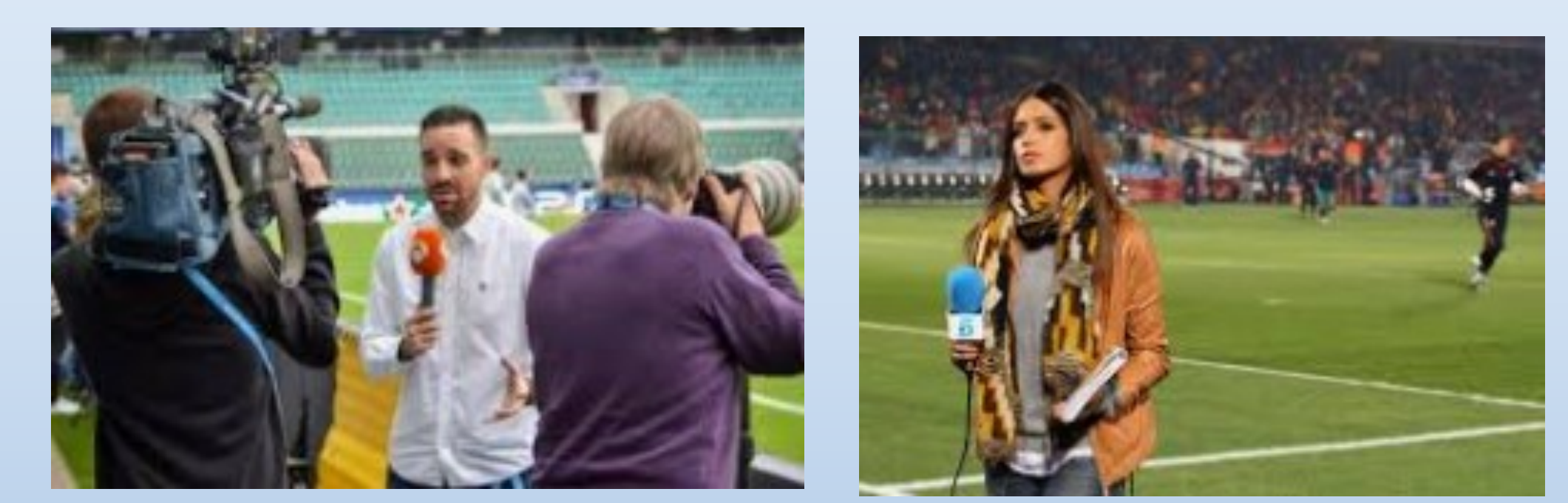
An Outdoor Activities Instructor teaches individuals or groups, of all ages and abilities, outdoor based activities and watersports such as hillwalking, abseiling, orienteering, canoeing, sailing, skiing and snowboarding. You could be assessing the ability of a client group and developing a suitable programme of training or activities for them. You could be guiding a group across rough or mountainous terrain, using a hand-held satellite navigator, map or traditional compass to plot the route, showing them new skills and helping them gain confidence.

Professional Sportsperson



A Professional Sportsperson is an individual who channels all their energies into a particular sport so that they can compete at the highest level and make it their career. They make their money usually through prize winnings and/or through endorsements of sponsors for example: Nike, Coca Cola, Tag Watches to name a few. The quickest way to become a Professional Sportsperson is to excel at school, try and get into your 1st team and make sure that you participate in as many school matches as you can.

Sports Journalist



Sports Journalists cover sports events and produce written or broadcast reports on these events. Traditionally sports journalists are drawn from the ranks of news reporters who expressed an interest in reporting sport. As a Sports Journalist, you can expect a variety of job duties, such as reporting games statistics, interviewing coaches and players and offering game commentary. You can work in a variety of media, including radio, television and print. Sports Photo Journalists take photographs at sporting events to capture the game experience in a single picture.