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18 March 2022

Dear Parents/Carers,

Year 9 PSHE Drop Down Day – Thursday 24 March 2022

As a part of your child's education at Hungerhill School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. In Year 9, this programme is delivered through a number of drop-down days over the year.

I am writing to let you know that, on Thursday 24 March, all Year 9 students will be taking part in sessions which will focus on the relationships and sex education (RSE) aspect of the PSHE programme. RSE in secondary schools builds on a prior understanding of healthy, respectful relationships and introduces knowledge about intimate relationships and sex. The Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships and Sex Education (RSE) compulsory for all students receiving secondary education. The school's Relationship and Sex Education Policy can be found on the school website [here](#). The RSE sessions on the day will include teaching about: healthy relationships, including intimate relationships; aspects of sexual health relating to contraception and STIs (including a condom demonstration by the school nurse, and an opportunity for students to practise with the demonstrator), and Female Genital Mutilation (FGM). Students will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for more detail about our PSHE curriculum: [Hungerhill School - PSHE](#). All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

We are holding an optional Parent Information Meeting on this day (Thursday 24 March) at 4.00pm, if you would like to find out more about what your child has learnt during the day, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home. Please click on the following survey link to inform us if you would like to attend this optional meeting, the deadline for replies is noon on Tuesday 22 March: <https://forms.office.com/r/21jdR4kPdF>

Yours sincerely

Mrs R Hancock

Associate Assistant Headteacher: Personal Development



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