














MENU

MEAT FREE - MEAT FREE MONDAY

 - CHEF'S CHOICE

 - 1 OF YOUR 5 A DAY

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Creamy salmon pasta with garlic bread	Chicken biryani, homemade naan bread and chilli and coriander chutney	Roast chicken, sage and onion stuffing and gravy served with creamy mash potato	Italian bolognese pasta bake 	Crispy battered fish goujons with chunky chips
Vegetarian Main Dish	Vegetarian sausage and bean gratin with garlic and herb potatoes	Piri piri Quorn™ fillet with lemon couscous homemade tomato salsa	Vegetable and bean stew with a cheesy cobbler top and creamy mash potato 	Squash and chickpea Balti with pilau rice 	Mexican Quorn™ burrito with homemade guacamole and salsa 
Accompaniments 	Steamed broccoli Carrots Salad bar	Green beans Roasted courgettes Salad bar	Roasted parsnips Sautéed leeks Salad bar	Crisp mixed salad Garden peas Salad bar	Crushed minted peas Corn on the cob Salad bar
Street Food	Penne primavera 	Chicken gyros in wholemeal pitta bread, tzatziki and Greek salad 	Crispy bacon, lettuce and tomato ciabatta with Cajun wedges	Piri piri pork with apple and fennel slaw on a toasted brioche bun 	Pad Kee Mao – spicy Thai chicken and vegetable noodles
Italian Daily Special and jacket potatoes	Vegetarian meatball pasta and jacket potatoes with a choice of topping	Beef and onion pizza Jacket Potato with choice of topping	Spicy sausage pasta Jacket Potato with choice of topping	Classic Margherita pizza Jacket Potato with choice of topping	Italian chicken pasta Jacket Potato with choice of topping
Dessert	Sticky toffee pudding and custard	Lemon and raspberry trifles	Oaty fruit crunch 	Apple and blackberry pie and custard 	Chocolate and orange cake

TRY OUR STREET FOOD GRAB AND GO FOR HEALTHY MEALS ON THE GO

