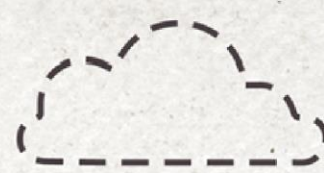














WATT'S  
FOR LUNCH?  
FUEL YOUR DAY WITH A  
HEALTHY SCHOOL LUNCH



Week 3	Monday 	Tuesday	Wednesday	Thursday	Friday
<b>Main Dish</b>	Vegetable tikka masala with pilau rice and cucumber raita	Chicken and leek pie with a golden pastry top served with mash potatoes	Roast beef, Yorkshire puddings and gravy with crispy roast potatoes	Traditional beef lasagne with crusty garlic and herb bread	Jumbo fish fingers served with chunky chips
<b>Vegetarian Main Dish</b>	Mixed bean and aubergine tagine with couscous	Vegetable moussaka	Vegetarian toad in the hole with gravy and crispy roast potatoes	Spiced vegetable jambalaya 	Roasted Mediterranean vegetable calzone 
<b>Accompaniments</b>	Seasonal Vegetable and Salad	Seasonal Vegetable and Salad	Seasonal Vegetable and Salad	Seasonal Vegetable and Salad	Seasonal Vegetable and Salad
<b>Street Food</b> 	Aloo tikka patties with tomato and onion seed chutney and a paratha	Greek pork souvlaki in a warm pitta with tzatziki and Greek salad 	Tandoori chicken burgers with Bombay potatoes and cucumber raita 	Korean chicken sandwich with slaw 	Chicken shawarma, salad, houmous and Khobez bread 
<b>Italian Daily Special and Jacket Potato</b>	Wholemeal pasta with a spicy tomato arriabata sauce Jacket Potato with choice of topping	Ham and mushroom pizza Jacket Potato with choice of topping	Panni of the Day Jacket Potato with choice of topping	Italian meatballs in tomato sauce with wholemeal pasta Jacket Potato with choice of topping	BBQ chicken pizza Jacket Potato with choice of topping
<b>Dessert</b>	Rhubarb and custard cake	Saucy chocolate and orange pudding and custard	Rice pudding with a fruit compote 	Apple and sultana samosa and custard 	Chocolate and banana slice



- CHEF'S CHOICE



- 1 OF YOUR 5 A DAY



- MEAT FREE MONDAY



MENU