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Dear Parents/Carers,

**Re: Relationships, Sex and Health Education**

We believe that promoting the health and wellbeing of our students is an important part of their overall education and we do this through our Personal, Social, Health and Emotional (PSHE) curriculum. PSHE covers many topics including all types of relationships, physical/emotional health and the skills needed to live in the wider world. The aim of our PSHE curriculum is to help students make safe and informed decisions during their school years and beyond.

Relationships, sex and health education (RSHE) is a statutory element of our PSHE curriculum and all schools in England are required to teach RSE (relationships and sex and education) in secondary schools. We teach lessons about RSE as part of PSHE lessons and curriculum focus days, which will include topics such as puberty, healthy relationships, friendships and pressures, marriage in the UK, emotions and wellbeing. Whilst RSE is a statutory subject, parents may withdraw their child from the sex education element. We want to assure parents that our curriculum is taught in an age-appropriate manner and provides students with the time to ask questions in a safe environment and ultimately receive factual information, rather than hearing content second hand or via online platforms.

Parents and carers are the most important educators of children and young people in personal issues and many welcome the support that school can offer to supplement their home teaching. You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school.

Our RSE policy is reviewed yearly by our Parent Advisory Group. This is on our website, but for your ease use the following link to review and use the contact us form on the school website if you have any feedback. [RSE Policy](#)

Should you have any queries about the content of the programme or resources used, please do not hesitate in contacting me at school, through the contact us form. All materials used are available for you to browse through should you so wish.

Yours sincerely

Mrs Turner

Associate Assistant Headteacher



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