

week -->		1a	2b	3a	4a	5b	6a	7b	8a		9b	10a	11b	12a	13b	14a	15b			
Year	Class	02/09/2024	09/09/2024	16/09/2024	23/09/2024	30/09/2024	07/10/2024	14/10/2024	21/10/2024	28/10/2024	04/11/2024	11/11/2024	18/11/2024	25/11/2024	02/12/2024	09/12/2024	16/12/2024	*****	*****	
7	PC1	<b>Baseline</b>	Baseline	Baseline	Rugby	Rugby	Rugby	Basketball	Basketball	half term	Basketball	Gym based exercise	Gym based exercise	Gym based exercise	Table tennis	Table tennis	Table tennis		Christmas	
7	PC3				Basketball	Basketball	Basketball	Rugby	Rugby	half term	Rugby	Table tennis	Table tennis	Table tennis	exercise	exercise	Gym based exercise		Christmas	
7	PC2				Netball	Netball	Netball	Gymnastics	Gymnastics	half term	Gymnastics	Badminton	Badminton	Badminton	Football	Football	Football		Christmas	
7	PC4				Gymnastics	Gymnastics	Gymnastics	Netball	Netball	half term	Netball	Football	Football	Football	Football	Badminton	Badminton	Badminton		Christmas
	HL																			Christmas
8	PC1	invasion	Fitness	Leadership and teamwork	Rugby	Rugby	Rugby	Basketball	Basketball	half term	Basketball	Gym based exercise	Gym based exercise	Gym based exercise	Table tennis	Table tennis	Table tennis		Christmas	
8	PC3				Basketball	Basketball	Basketball	Rugby	Rugby	half term	Rugby	Table tennis	Table tennis	Table tennis	exercise	exercise	Gym based exercise		Christmas	
8	PC2				Netball	Netball	Netball	Gymnastics	Gymnastics	half term	Gymnastics	Badminton	Badminton	Badminton	Football	Football	Football		Christmas	
8	PC4				Gymnastics	Gymnastics	Gymnastics	Netball	Netball	half term	Netball	Football	Football	Football	Football	Badminton	Badminton	Badminton		Christmas
8B	8B PC2	Invasion	Fitness	Leadership and teamwork	Tue:Gymnastics Thu:Netball	Tue:Gymnastics Thu:Netball	Tue:Gymnastics Thu:Netball	Tue:Gymnastics Thu:Netball	Tue:Gymnastics Thu:Netball		Tue:Gymnastics Thu:Netball	Tue:Badminton Thu:Football	Tue:Badminton Thu:Football	Tue:Badminton Thu:Football	Tue:Badminton Thu:Football	Tue:Badminton Thu:Football	Tue:Badminton Thu:Football		Christmas	
8B	8B PC4	Invasion	Fitness	Leadership and teamwork	Tue: Netball Thu: Gymnastics	Tue: Netball Thu: Gymnastics	Tue: Netball Thu: Gymnastics	Tue: Netball Thu: Gymnastics	Tue: Netball Thu: Gymnastics		Tue: Netball Thu: Gymnastics	Tue: Badminton Thu: Football	Tue: Badminton Thu: Football	Tue: Badminton Thu: Football	Tue: Badminton Thu: Football	Tue: Badminton Thu: Football	Tue: Badminton Thu: Football		Christmas	
9	PC1	Basketball - gym	Basketball - gym	Basketball - gym	Basketball - gym	Rugby	Rugby	Rugby	Rugby	half term	Table tennis	Table tennis	Table tennis	TT/badminton	Badminton	Badminton	Badminton		Christmas	
9	PC3	Rugby	Rugby	Rugby	Rugby	Basketball - gym	Basketball - gym	Basketball - gym	Basketball - gym	half term	Badminton	Badminton	Badminton	Badminton/TT	Table tennis	Table tennis	Table tennis		Christmas	
9	PC2	Netball	Netball	Netball	Netball	Volleyball - SH	Volleyball - SH	Volleyball - SH	Volleyball - SH	half term	football	football	football	football/GBE	exercise	exercise	Gym based exercise		Christmas	
9	PC4	Volleyball - SH	Volleyball - SH	Volleyball - SH	Volleyball - SH	Netball	Netball	Netball	Netball	half term	Gym based exercise	Gym based exercise	Gym based exercise	football/GBE	football	football	football		Christmas	
10	PC1	Rugby	Rugby	Rugby	Rugby	Basketball - gym	Basketball - gym	Basketball - gym	Basketball - gym	half term	Badminton	Badminton	Badminton	Badminton/TT	Table tennis	Table tennis	Table tennis		Christmas	
10	PC3	Basketball - gym	Basketball - gym	Basketball - gym	Basketball - gym	Rugby	Rugby	Rugby	Rugby	half term	Table tennis	Table tennis	Table tennis	TT/badminton	Badminton	Badminton	Badminton		Christmas	
10	PC2	Netball	Netball	Netball	Netball	Volleyball - SH	Volleyball - SH	Volleyball - SH	Volleyball - SH	half term	football	football	football	football/GBE	exercise	exercise	Gym based exercise		Christmas	
10	PC4	Volleyball - SH	Volleyball - SH	Volleyball - SH	Volleyball - SH	Netball	Netball	Netball	Netball	half term	Gym based exercise	Gym based exercise	Gym based exercise	football/GBE	football	football	football		Christmas	
11	PC1	Invasion muga	Invasion muga	Invasion muga	Invasion muga	Invasion muga	Invasion muga	Invasion muga	Invasion muga	half term	Table tennis	Table tennis	Table tennis	Table tennis	Table tennis	Table tennis	Table tennis		Christmas	
11	PC3	Table tennis	Table tennis	Table tennis	Table tennis	Table tennis	Table tennis	Table tennis	Table tennis	half term	Invasion - MUGA	Invasion - MUGA	Invasion - MUGA	Invasion - MUGA	Invasion - MUGA	Invasion - MUGA	Invasion - MUGA		Christmas	
11	PC2	Invasion - SH	Invasion - SH	Invasion - SH	Invasion - SH	Invasion - SH	Invasion - SH	Invasion - SH	Invasion - SH	half term	Invasion - SH	Invasion - SH	Invasion - SH	Invasion - SH	Invasion - SH	Invasion - SH	Invasion - SH		Christmas	
11	PC4	Fitness suite	Fitness suite	Fitness suite	Fitness suite	Fitness suite	Fitness suite	Fitness suite	Fitness suite	half term	Fitness suite	Fitness suite	Fitness suite	Fitness suite	Fitness suite	Fitness suite	Fitness suite		Christmas	
11 options	MUGA	Football	Football	Football	Football	Football	Football	Football	Netball	half term	Football	Football	Football	Football	Football	Football	Football		Christmas	
11 options	Fitness suite	Fitness Suite	Fitness Suite	Fitness Suite	Fitness Suite	Fitness Suite	Fitness Suite	Fitness Suite	Fitness Suite	half term	Fitness Suite	Fitness Suite	Fitness Suite	Fitness Suite	Fitness Suite	Fitness Suite	Fitness Suite		Christmas	
11 options	Gym	Basketball - GM	Basketball - GM	Basketball - GM	Basketball - GM	Basketball - GM	Basketball - GM	Basketball - GM	Basketball - GM	half term	Table tennis	Table tennis	Table tennis	Table tennis	Table tennis	Table tennis	Table tennis		Christmas	
11 options	SH	Badminton SH	Badminton SH	Badminton SH	Badminton SH	Badminton SH	Badminton SH	Badminton SH	Badminton SH	half term	Handball	Handball	Handball	Handball	Handball	Handball	Handball		Christmas	