

Y7 (Core PE) 2025-26

Half Term 1:				Oct Half term	Half term 2		Christmas	Half term 3		Feb Half term	Half term 4		Easter	Half term 5		May Half term	Half term 6		Summer
Class	Block 1 (Weeks 1-2)	Block 2 (Weeks 3-5)	Block 3 (Weeks 6-8)		Block 4 (Weeks 9-12)	Block 5 (Weeks 12-14)		Block 6 (16-18)	Block 7 (19-21)		Block 8 (Weeks 21-23)	Block 9 (Weeks 24-26)		Block 10 (27-29)	Block 11 (30-32)		Block 12 (33-35)	Block 13 (36-38)	
PC1	TGfU	Games 1 - f'ball(Field)	Games - Rugby (Field)		Net - T'tennis (Gymnasium)	Gym Based Exercise - Fitness Suite		Dance	Health related learning / OAA		Gymnastics	Handball (MUGA)		Badminton (Sports Hall)	Athletics (Track and Field)		Tennis (MUGA)	Cricket (field)	
Pc3	TGfU	Games - Rugby (Field)	Games 1 - f'ball(Field)		Gym Based Exercise - Fitness Suite	Net - T'tennis (Gymnasium)		Dance	Health related learning / OAA		Handball (MUGA)	Gymnastics		Athletics (Track and Field)	Badminton (Sports Hall)		Cricket (field)	Tennis (MUGA)	
Pc2	Handball (MUGA)	Games N'ball (MUGA)	Net - B'min (Sports Hall)		Net V'ball (Sports Hall)	Games - F'ball (MUGA)		Gymnastics	Gym Based Exercise - Fitness Suite		Dance	Health related learning / OAA		Tennis (MUGA)	Rounders (Field)		Athletics (Track and Field)	TgFU	
PC4	Handball (MUGA)	Net - B'min (Sports Hall)	Games N'ball (MUGA)		Games - F'ball (MUGA)	Net V'ball (Sports Hall)		Gym Based Exercise - Fitness Suite	Gymnastics		Dance	Health related learning / OAA		Rounders (Field)	Tennis (MUGA)		TgFU	Athletics (Track and Field)	
Split classes PC1 PC3	TGfU	One lesson: Football One lesson: Rugby			One lesson: Table tennis One lesson: Fitness Suite			Dance	Health related learning / OAA		One lesson: Gymnastics One lesson: Handball			One lesson: Badminton One lesson: Athletics			One lesson: Tennis One lesson: Cricket		
Split classes PC2 PC4	TGfU	One lesson: Netball One lesson: Badminton			One lesson: Football One lesson: Volleyball			One lesson: Gymnastics One lesson: Fitness Suite			Dance	Health related learning / OAA		One lesson: Tennis One lesson: Rounders			One lesson: Athletics One lesson: TgFu		