

Y9 Food Preparation & Nutrition 2025-26

| Half Term 1: 2nd Sept - 24th Oct (8 weeks) | | | | | | | | October Half-Term Holiday | HT 2 |
|--|---|-----------------------------------|---------|--|--|-----------------------------------|---|------------------------------------|--|
| Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 | Week 7 | Week 8 | | Week 9 |
| Baseline Assessments (HS1) | | Unit 1- Nutrients | | | | | | Unit 2- Nutritional needs & health | |
| Half Term 2: 3rd November - 19th Dec (7 weeks) | | | | | | | Christmas Holiday | Half Term 3 | |
| Week 10 | Week 11 | Week12 | Week 13 | Week 14 | Week 15 | Week 16 | | Week 17 | |
| Unit 2- Nutritional needs & health | | | | | Unit 3- Cooking of food & heat transfer | | Unit 3- Cooking of food & heat transfer | | Unit 4- Functional & chemical properties of food |
| Half Term 3: 5th Jan - 13th Feb (6 weeks) | | | | February Half-Term Holiday | Half Term 4: 23rd Feb - 27th March (5 weeks) | | | | |
| Week 18 | Week 19 | Week 20 | Week 21 | | Week 22 | Week 23 | Week 24 | Week 25 | Week 26 |
| Unit 4- Functional & chemical properties of food | | | | Mini NEA 1- Food Science Investigation | | | Mini NEA 2- Food Preparation Task | | |
| Half Term 5: 13th April - 22nd May (6 weeks) | | | | | | Spring Bank Holiday | HT6 | | |
| Easter Holiday | | Week 27 | Week 28 | Week 29 | Week 30 | | Week 31 | Week32 | Week 33 |
| | | Mini NEA 2- Food Preparation Task | | High Stakes 2 | | Mini NEA 2- Food Preparation Task | | Mini NEA 2- Food Preparation Task | |
| Half Term 6: 1st June - 17th July (7 weeks) | | | | | | Summer Holidays | | | |
| Week 34 | Week 35 | Week 36 | Week 37 | Week 38 | Week 39 | | | | |
| Mini NEA 2- Food Preparation Task | Makring and feedback. Target work. Design Task. | | | | | | | | |