

## Y10 Food Preparation & Nutrition 2025-26

Half Term 1: 2nd Sept - 24th Oct (8 weeks)								October Half-Term Holiday	HT 2	
Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8		Week 9	
Introduction to Y10. Tunnock's Teacake Challenge.		Mini NEA 1- Food Science Investigation			Unit 5- Food spoilage & contamination		Unit 6- Buying & storing food	Christmas Holiday	Unit 7- Factors affecting food choice	
Half Term 2: 3rd November - 19th Dec (7 weeks)						Half Term 3				
Week 10	Week 11	Week 12	Week 13	Week 14	Week 15	Christmas Holiday		Week 16	Week 17	
High Stakes 1		Unit 7- Factors affecting food choice						Unit 8- British and international cuisines	Unit 9- Sensory evaluation	
Half Term 3: 5th Jan - 13th Feb (6 weeks)				Half Term 4: 23rd Feb - 27th March (5 weeks)						
Week 18	Week 19	Week 20	Week 21	February Half-Term Holiday	Week 22	Week 23	Week 24	Week 25	Week 26	
Unit 9- Sensory evaluation		Unit 10- Environmental impact and sustainability			Unit 10- Environmental impact and sustainability		Unit 11- Processing and production		Mini NEA 2- Food Preparation Task	
Easter Holiday		Half Term 5: 13th April - 22nd May (6 weeks)						Spring Bank Holiday		HT6
		Week 27	Week 28	Week 29	Week 30	Week 31	Week 32			Week 33
Mini NEA 2- Food Preparation Task						Recycled learning		Recycled learning		
Half Term 6: 1st June - 17th July (7 weeks)						Summer Holidays				
Week 34	Week 35	Week 36	Week 37	Week 38	Week 39					
Revision	High Stakes 2	Marking & feedback & target work		Work Experience	Marking & feedback & target work					