

Y10 (Core PE) 2025-26

Class	Half term 1		Oct Half term	Half term 2		Xmas	Half term 3		Feb Half term	Half term 4		Easter	Half term 5		May Half term	Half term 6		Summer
	Block 1 (Weeks 1-4)	Block 2 (Weeks 5-8)		Block 3 (Weeks 9-12)	Block 4 (Weeks 13-15)		Block 5 (Weeks 16-19)	Block 6 (Weeks 20-21)		Block 6 (Weeks 22-23)	Block 7 (Weeks 24-26)		Block 8 (27-29)	Block 9 (30-32)		Block 12 (33-35)	Block 13 (36-38)	
PC1	Games 1 - f'ball(Field)	Net - B'min (Sports Hall)		Gym-Based Exercise (Fitness Suite)	Net - T'tennis (gymnasium)		Basketball (Gym)	Games - Rugby - Field		Games - Rugby - Field	Health-Related Learning / OAA (Fitness Suite / Field)		Discovery eg pickleball / handball / tchoukball	Athletics (Track and Field)		Tennis (MUGA)	Cricket (field)	
Pc3	Net - B'min (Sports Hall)	Games 1 - f'ball(Field)		Net - T'tennis (gymnasium)	Gym-Based Exercise (Fitness Suite)		Games - Rugby - Field	Basketball (Gym)		Basketball (Gym)	Health-Related Learning / OAA (Fitness Suite / Field)		Athletics (Track and Field)	Discovery eg pickleball / handball / tchoukball		Cricket (field)	Tennis (MUGA)	
Pc2	Games N'ball (MUGA)	Gym-Based Exercise (Fitness Suite)		Games - F'ball (MUGA)	Net - B'min (Sports Hall)		Handball (MUGA)	Net - Volleyball (Sports Hall)		Net - Volleyball (Sports Hall)	Health-Related Learning / OAA (Fitness Suite / Field)		Tennis (MUGA)	Rounders (Field)		Athletics (Track and Field)	Discovery eg pickleball / handball / tchoukball	
PC4	Gym-Based Exercise (Fitness Suite)	Games N'ball (MUGA)		Net - B'min (Sports Hall)	Games - F'ball (MUGA)		Net - Volleyball (Sports Hall)	Handball (MUGA)		Handball (MUGA)	Health-Related Learning / OAA (Fitness Suite / Field)		Rounders (Field)	Tennis (MUGA)		Discovery eg pickleball / handball / tchoukball	Athletics (Track and Field)	