

# Y10 (Sport Studies) 2025-26

Half Term 1: 2nd Sept - 24th Oct (8 weeks)								October Half-Term Holiday	HT 2	
Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8		Week 9	
R187 Written coursework - Topic Area 1: Provision for different types of outdoor and adventurous activities in the UK									R187 Written coursework - Topic Area 2: Equipment, clothing and safety aspects of participating in OAA	
Half Term 2: 3rd November - 19th Dec (7 weeks)						Christmas Holiday	Half Term 3			
Week 10	Week 11	Week 12	Week 13	Week 14	Week 15		Week 16	Week 17		
High Stakes 1		R187 Written coursework - Topic Area 2: Equipment, clothing and safety aspects of participating in outdoor and adventurous activities					R187 Written coursework - Topic Area 2: Equipment, clothing and safety aspects of participating in OAA			
Half Term 3: 5th Jan - 13th Feb (6 weeks)				February Half-Term Holiday	Half Term 4: 23rd Feb - 27th March (5 weeks)					
Week 18	Week 19	Week 20	Week 21		Week 22	Week 23	Week 24	Week 25	Week 26	
R187 Written coursework - Topic Area 2: Equipment, clothing and safety aspects of participating in outdoor and adventurous activities					R187 Topic Area 3: Plan for and be able to participate in an outdoor and adventurous activity			R187 Topic Area 4: Evaluate participation in an outdoor and adventurous activity		
Easter Holiday		Fi							Spring Bank Holiday	HT6
		Week 27	Week 28	Week 29	Week 30	Week 31	Week 32	Week 33		
		R187 Topic Area 4: Evaluate participation in an outdoor and adventurous activity		R187: soft deadline	Feedback	R187 submission deadline - 15th May 2026	R185 Topic Area 4: Leading a sports activity session		R185 Topic Area 4: Leading a sports activity session	
Half Term 6: 1st June - 17th July (6 weeks)						Summer Holidays				
Week 34	Week 35	Week 36	Week 37	Week 38	Week 39					
R185 Topic Area 4: Leading a sports activity session	High Stakes 2		R185 Topic Area 5: Reviewing your own performance in planning and leading	Work Experience	R185 Topic Area 5: Reviewing your own performance in planning and leading					