

Y7 PD Hour 2026-27

Half Term 1: 3rd Sept - 23rd Oct (8 weeks)								October Half-Term Holiday	HT 2
Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8		Week 9
No lesson	Careers - Introduction to careers	RE - Institutional Vs Personal Worldviews	PSHE - What is diversity?	Careers - Who am I?	RE - Changing Vs Static Worldviews	PSHE - Challenging gender stereotypes	Study skills - Learning techniques and command words		Careers - Exploring dream jobs
Half Term 2: 2nd November - 18th Dec (7 weeks)						Christmas Holiday		Half Term 3	
Week 10	Week 11	Week 12	Week 13	Week 14	Week 15			Week 16	Week 17
RE - How do Hindus see life?	PSHE - Recognising and preventing bullying	Careers - What is a career?	RE - How do Hindus see life 2	PSHE - Managing risk: travelling safely	Careers - What is an entrepreneur?			RE - Why is worship important to Christians?	PSHE - What is mental health?
Half Term 3: 4th Jan - 12th Feb (6 weeks)				February Half-Term Holiday	Half Term 4: 22nd Feb - 25th March (5 weeks)				
Week 18	Week 19	Week 20	Week 21		Week 22	Week 23	Week 24	Week 25	Week 26
Careers - Work-life balance	RE - Liturgical Worship in Christianity	PSHE - Mental health: talking about our emotions	Study skills - Organisation and wellbeing		Careers - Careers and the future	RE - Medium stakes assessment and feedback	PSHE - Social media and mental health	Careers - Leadership	RE - Non-Liturgical Worship in Christianity
Easter Holiday		Half Term 5: 12th April - 28th May (7 weeks)							Spring Bank Holiday
		Week 27	Week 28	Week 29	Week 30	Week 31	Week 32	Week 33	
		PSHE - Self-esteem and confidence	Careers - Future pathways	RE - How do Christians pray and worship?	PSHE - Media literacy: staying safe online	Study skills - Revision strategies	Careers - Visitor session: Growth Mindset	PSHE - Media literacy: becoming a responsible digital citizen	
Half Term 6: 7th June- - 21st July (7 weeks)							Summer Holidays		
Week 34	Week 35	Week 36	Week 37	Week 38	Week 39	Week 40			
RE - Universal concepts of a good life	PSHE - Revision	RE - What does it mean to live in multi-faith Britain?	PSHE - Medium stakes assessment	RE - Medium stakes assessment and feedback	PSHE - Medium stakes feedback lesson	No lesson			