

Y8 PSHE Curriculum Lessons 2026-27 (NB - PSHE Week A, Citizenship Week B)

Half Term 1: 3rd Sept - 23rd Oct (8 weeks)								October Half-Term Holiday	HT 2
Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8		Week 9
Intro lesson		Consent: what is it and why is it essential?		Sex, relationships and the media		Media literacy: interpreting information online			Media literacy: data, advertising and persuasive design
Half Term 2: 2nd November - 18th Dec (7 weeks)						Christmas Holiday		Half Term 3	
Week 10	Week 11	Week 12	Week 13	Week 14	Week 15			Week 16	Week 17
	Sex and consent online		First aid		Managing risk: looking after your personal safety				Revision
Half Term 3: 4th Jan - 12th Feb (6 weeks)				February Half-Term Holiday	Half Term 4: 22nd Feb - 25th March (5 weeks)				
Week 18	Week 19	Week 20	Week 21		Week 22	Week 23	Week 24	Week 25	Week 26
	Medium stakes assessment		Medium stakes feedback lesson			Social influences: tackling peer pressure		Family life: parenthood and caring	
Easter Holiday		Half Term 5: 12th April - 28th May (7 weeks)							Spring Bank Holiday
		Week 27	Week 28	Week 29	Week 30	Week 31	Week 32	Week 33	
		What is good communication?		Harmful relationship behaviours: recognising the signs		Relationships and conflict		Overcoming conflict and finding forgiveness	
Half Term 6: 7th June - 21st July (7 weeks)							Summer Holidays		
Week 34	Week 35	Week 36	Week 37	Week 38	Week 39	Week 40			
	Revision		Medium stakes assessment		Medium stakes feedback lesson				