

Y10 PD Hour 2026-27

Half Term 1: 3rd Sept - 23rd Oct (8 weeks)								October Half-Term Holiday	HT 2
Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8		Week 9
No lesson	Careers - Careers appointments	RE - Religious attitudes to abortion	PSHE - Know your rights: the Equality Act 2010	Careers - Reflecting on my career journey	RE - Religious attitudes to euthanasia	PSHE - Understanding menstrual health conditions and self-advocacy	Study skills - Revision strategies 1		PSHE - Understanding pregnancy: your choices
Half Term 2: 2nd November - 18th Dec (7 weeks)						Christmas Holiday		Half Term 3	
Week 10	Week 11	Week 12	Week 13	Week 14	Week 15			Week 16	Week 17
RE - How do people work for peace?	PSHE - Understanding pornography	Careers - Exploring employer profiles	RE - What are the ethical questions of the future?	PSHE - Understanding consent and intimacy: offline and online	PSHE - Mental health: building resilience			RE - How can we make our world a fairer place?	PSHE - Health-related choices: blood, organ and stem cell donation
Half Term 3: 4th Jan - 12th Feb (6 weeks)				February Half-Term Holiday	Half Term 4: 22nd Feb - 25th March (5 weeks)				
Week 18	Week 19	Week 20	Week 21		Week 22	Week 23	Week 24	Week 25	Week 26
Careers - What type of career is best for me?	RE - Medium stakes assessment	PSHE - Health-related choices: aesthetic procedures	Study skills - Organisation and wellbeing		PSHE - Managing our health: services and support	RE - Religious attitudes to human rights 1	PSHE - The impact of relationships	Careers - Volunteering and paid work	RE - Religious attitudes to human rights 2
Easter Holiday		Half Term 5: 12th April - 28th May (7 weeks)							Spring Bank Holiday
		Week 27	Week 28	Week 29	Week 30	Week 31	Week 32	Week 33	
		PSHE - Recognising and challenging misogyny	Careers - Wellbeing in the workplace	RE - How have Sikhi and Hinduism made an impact on UK society?	PSHE - Stalking, sexual harassment and reporting	Study skills - Revision strategies 2	Careers - Preparing for work experience	PSHE - Staying safe online: AI, risks and critical thinking	
Half Term 6: 7th June- 21st July (7 weeks)							Summer Holidays		
Week 34	Week 35	Week 36	Week 37	Week 38	Week 39	Week 40			
RE - Should the UK become a secular state?	PSHE - Revision	RE - Medium stakes assessment	PSHE - Medium stakes assessment	RE - Medium stakes feedback lesson	PSHE - Medium stakes feedback lesson	No lesson			